

Brigitte Beelen



Birgitte started her professional career as a lecturer in Dutch Language and trainer in Communication Skills. Birgitte subsequently graduated in Organisational Psychology and Special Education Theory and completed a post-graduate course in Clinical Psychology at the Groningen University. Birgitte is managing director of SYNTAGMA, a practice for therapy, mediation, coaching, training and consultancy. After having worked at the Child Protection Agency of the Dutch Ministry of Justice and having been Head of Treatment and Education of a penitentiary institution for children and adolescents, she now also works as a manager in the public mental healthcare domain and is a court expert in psychology for the International Criminal Court. Having gained in-depth experience in diagnosing and treating children, adolescents and adults as well as considerable experience in high conflict cases and specialized in treatment of psychotrauma (EMDR Practitioner Europe), Birgitte became a Cross-border Mediator at the International Child Abduction Centre (IKO) and the European Network for Child Abduction (NIM). She works as a trainer to teach psychology subjects for psychologists, psychiatrists, medical doctors, lawyers, mediators and social workers. Birgitte is an active member of the Dutch Institute of Psychologists (NIP), the Dutch Institute for Relationship & Family Therapy (NVRG), the French Family Mediation Association (APMF) and the Dutch Mediation Federation (MfN). Birgitte's practice includes an emphasis on mindfulness and compassionate living. Birgitte speaks English, French and Dutch.